

Lakenheath Primary School

Physical Education Sports Premium Action Plan and Intended Grant Spend – September 2020 to July 2021



Estimated Sports Premium Grant	£18,410
Total number of pupils on roll (Y1-6)	271

Objectives	Specific Actions	person/s responsible	Success criteria	Timescales , including detailed dates of meetings and deadlines	Cost	Running total of PE premium money spent	Impact
<p>1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</p> <p>To ensure all children achieve 30 minutes of physical activity in school each day in line with government guidelines.</p>	<ul style="list-style-type: none"> Purchase more PE equipment to be used at play/lunch time for chn to engage with. Year 5/6 children to participate in Bike ability EY children/ Year 1 to participate in Balance ability Chn to engage in classroom based activities as additional activity throughout the day – active maths, cosmic yoga, exercise videos. Promote healthy lifestyles and eating through snack choices, water etc. 	<p>MB</p> <p>MB/MT</p> <p>MB/CP</p> <p>All class teachers</p> <p>SE/MB</p>	<p>More children to be active during play time through the use of equipment and space provided. Chn to be playing games effectively.</p> <p>EY & Y5/6 to participate in the Balanceability/Bikeability schemes in order to promote bike safety and encourage chn to further their own skills by biking/scootering to school etc.</p> <p>Class teachers to ensure chn are engaging in physical activity throughout the day and not just in PE.</p> <p>Tighten the school policy on snacks allowed at school and encourage children to drink water at school.</p>	<p>September 2020 – July 2021</p> <p>October 2020</p> <p>All year round.</p> <p>All year round.</p>	<p>£884</p> <p>Balance : £920</p> <p>Bikeability: £90</p> <p>£140 – mini medics course to raise awareness</p>	<p>£1894</p>	<p>A variety of equipment was bought to suit the needs of different key stages, and distributed accordingly. Due to COVID-19, chn were in class bubbles therefore were only playing in designated areas with their class, which had an effect on the type of playing/games that could happen.</p> <p>Bike ability took place for the Year 6's, which was successful. 20 chn signed up in total, all who were commended on their high spirits, attitude and improvement – all finished the course being able to use a bike and roads safely. EY took part in bikeability, this time round was booked early in the year as we found later in the</p>

	<ul style="list-style-type: none"> Use external coaches (Premier Sports) to encourage and offer more opportunity for physical activity. 	MB/SE (Premier sports to support running)	Getting more children active during the school day by offering a range of activities at lunchtimes and a variety of after school clubs.	September – July 21 (lunchtimes, afterschool.	s of first aid Premier Sports cost: (4 coaches) £9870	£11,764	<p>year chn had already become competent on push bikes. All EY chn participated and done extremely well in learning how to use the balance ability bikes.</p> <p>Y4 chn were selected to take part in the Mini Medics course, completed by 30 students. The course returned very positive feedback, with the Y4 chn commenting on their learning of safety, first aid procedures and awareness of dangers around them.</p> <p>Due to COVID-19, the school decided to employ more Premier Sports Coaches to support with engaging chn at lunchtime due to chn being in bubbles, the need for increased staff. Therefore, we used our remaining budget to help cover these lunchtimes with additional staff that would look to increase the opportunity of physical activity after what had been a very</p>
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<p>2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<ul style="list-style-type: none"> Enter high quality competitions available through membership with Forest Heath School Sports Partnership culminating in Suffolk School County Games. Actively engage G&T chn to help promote physical activity across the school, provide opportunities for these to excel and share their experiences. Celebrate sport throughout school, and promote school sport into the public eye / parents. Offer intra-school based competition as family groups, to encourage competitiveness and togetherness through physical 	<p>MB</p> <p>MB</p> <p>SE/MT/M B</p> <p>MB</p>	<p>More children will have the opportunity to participate in high-level competitions and feel involved, and proud to represent the school.</p> <p>Opportunities to participate in a differing range of competitions and sports.</p> <p>Providing opportunities and celebrating gifted and talented children.</p> <p>Opportunity for children to build confidence in a variety of activities – can then lead younger children during lunchtimes.</p> <p>Update noticeboards of achievements in school.</p> <p>Produce reports relating to competitions that have been participated in for website/Facebook page. Also, use pictures as evidence.</p> <p>Celebrate achievements in assembly of both individual and team sporting greatness.</p>	<p>September 2020 – July 2021</p> <p>Courses TBC by FHSSP</p> <p>All year round.</p> <p>Spring/Summer terms.</p>	<p>£895</p> <p>(See Premier Sports Cost)</p>	<p>£12,659</p>	<p>tough year for all</p> <p>Due to COVID-19, competitions through the sports partnership were very limited with many being cancelled. However, the FHSSP provided opportunities for whole school participatin in virtual events. At Lakenheath we partipated in a virtual cross country for the whole of Key Stage 2, which really inspired many of our children to improve their general fitness and attitude to running (helped boost our daily mile). Additionally, we took part in a virtual indoor athletics competition, where each class would compete and record data on 5 athletics events – completed by Year 2-6. This was great in raising the awareness of sport across the school and a tool for self-improvement for the children.</p> <p>Lack of competition and achievements, as well as a no assembly rule</p>
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	<p>activity.</p> <ul style="list-style-type: none"> Organise and create a sports week with a focus on all children participating in sport, raising awareness and increasing enjoyment post COVID-19. 	MB		Summer term (June 21)			<p>during COVID meant we were unable to meet some of our success criteria for this target. We will look to take action on this come September, if schools are running back to normal.</p> <p>As a school, we decided to organise and run a school Sports Week, rather than just a sports day. The week was magnificent, as well as the participation levels, the engagement and the love for sport shown. Every child in the school participated, with different activities being scheduled for each day, as well as a professional athlete being part of the week to help motivate and raise money. Overall, the week certainly improved enjoyment for a range of sports across the school.</p>
3. To increase the confidence, knowledge and skills of all staff	<ul style="list-style-type: none"> Teachers to work with a specialist sports coaches (x6 hours per class) on a chosen sport (per year group) 	MB to book CT to work	Lessons should provide a positive outcome for the CT's and give them confidence in teaching specific units of work. Evaluation form for	September 2020 – July 2021	£1200	£13,859	Some coaches were deployed over the past academic year, not as many as we would have liked due to COVID-19. A

teaching PE and sport.	<ul style="list-style-type: none"> Coordinator to teach to support any teachers requiring additional help/ideas. Ensure teachers are following planning scheme provided, and are able to assess children in PE. Provide CPD opportunities to staff, and give them access to links/meetings. Ensure staff are up to date with current safe practice guides for safety of pupils and lessons. 	<p>with.</p> <p>MB & all CT</p> <p>All CT</p> <p>MB</p> <p>All CT</p> <p>(MB to support)</p> <p>FHSSP / MB</p>	<p>teachers working with specialist to evaluate successes and next steps – help future planning.</p> <p>Increase standard of teaching in specific sports. Lesson observations and feedback will help develop further.</p> <p>Teachers to be able to assess chn in PE, and offer this as part of school report / parents’ evening.</p> <p>Teachers will learn new skills or up-level skills and become more competent in areas of development. CPD will give useful tips on lesson ideas, structure etc.</p> <p>New Safe practice guide will be purchased and made available for staff to access to support with safety of lessons, safety of children and how to properly deal with any concerns.</p>	<p>When required.</p> <p>December 20</p> <p>Course dates dependant on partnership.</p>	<p>£200 members hip pf Youth Sports Trust to access courses, resources etc.</p> <p>Athletics workshop : £165</p> <p>Active Learning Worksho p: £70</p> <p>£118 For workshop and practice guide.</p> <p>£25 for orienteering course</p>	<p>£14,059</p> <p>£14,437</p>	<p>multi skills coach was used to support a NQT with fundamental movement skills and games, as well as supporting in EY also. Positive feedback was given back on the ideas that were given to support the teacher, as well as the NQT commenting on how the chn loved the content delivered to them. Additionally, an athletics coach was deployed to two Key Stage 2 teachers who felt they required support in this area of PE. This coincided with the Athletics workshop given to all staff by the same coach. The CPD gave brilliant ideas for games and activities related to athletics and up-levelled staff on the basics and fundamentals of athletics teaching.</p> <p>Due to COVID-19, the AfPE safe practise workshop was cancelled and has been rescheduled for September 2021. The</p>
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<p>4. broader experience of a range of sports and activities offered to all pupils</p>	<ul style="list-style-type: none"> To offer and run a variety of sports clubs throughout the year to all age groups to experience. Edit and improve long term planning of PE across the school, collecting teachers feedback and providing them with resources/plans to implement lessons. 	<p>MB & Premier Sports</p> <p>MB</p> <p>(All ct to follow)</p> <p>MB to</p>	<p>Chn to experience exciting new clubs / activities at school to participate in. Inclusive clubs for all ages to access.</p> <p>Long term plan (2 year rolling cycle) to offer opportunity for chn to learn about new sports and skills to avoid repetition but also to engage all chn in a range of lessons. Additionally, expose teachers to a broad range of sports for confidence.</p>	<p>Offered all year round September 2020 – July 2021</p> <p>Edited October 2020</p>	<p>(See Premier Sports Cost)</p> <p>½ day free Coaching</p> <p>No cost</p>		<p>Initially, clubs were unable to run due to COVID-19 and chn being in class bubbles. This didn't change until Summer term, where I ran two general sports clubs to get chn back into participating and experiencing a range of activities. In the club, we changed the sport every week in order to engage them in a range, and let them re-discover their passion for the range of sports.</p>

	<ul style="list-style-type: none"> External levelled coaches to be used to broaden the activity at lunchtime and afterschool. Engage with local clubs to offer opportunities, and make links for chn to further participation. Sports premium breakfast club to be run on two mornings a week to engage disadvantaged families. 	<p>hire.</p> <p>MB & relevant personnel at teams.</p>	<p>Coaches will run activities and/or PE lessons which will engage and excite the chn. These opportunities will promote sports further, and increase club numbers.</p> <p>Have chn experience different sports, and to promote being active outside of school whilst making positive connections.</p> <p>Sport and activity offered to pupil premium chn, in order to keep them active and broaden their experience and mindset with physical activity.</p>	<p>September 2020 – July 2021</p> <p>When opportunities arise.</p> <p>September 20 – July 21</p>			<p>As previously stated, an increased amount of Premier Sports coaches were deployed to help run lunchtimes in bubbles. This provided more children/classes with a personal coach for their class, allowing them to participate in an organised activity during lunch. This had a positive impact in engaging children to take part at lunch times, as well as the different types of activities they can play rather than the norms – football.</p> <p>Due to the lack of activity in sport across the nation, not many links were made with local clubs for opportunities. However, in Summer term, we had the chance to reach out to a few. Lakenheath Youth FC ran a club for Chn aged 4-7, to promote football in the local community and the chance to join a club outside of school. Both Lakenheath & Worlington cricket clubs offered opportunities to</p>
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							young cricket tasters and sessions which many of our children attended.
5. To increase whole school participation in competitive sport.	<ul style="list-style-type: none"> Enter high quality competitions available through membership with Forest Heath School Sports Partnership culminating in Suffolk School County Games. Offer intra-school based competition as family groups, to encourage competitiveness and togetherness through physical activity. A wide range of after school clubs to be on offer Variety of chn selected to represent school in competitions. Introduce a sports week at school to encourage whole school participation. 	<p>MB to enter</p> <p>MB</p> <p>MB/ Premier Sports</p> <p>MB organise</p>	<p>School will enter inter school competitions as part of the partnership, aiming to enter a range of sports available for all year groups.</p> <p>Produce an in house competition amongst school house teams to compete against each other. Select a variety of inclusive sports for chn to have fixtures vs each other.</p> <p>Certificates/trophies for winning teams to engage and promote love for sport.</p> <p>Club lists of children attending each after school club to demonstrate an increase and range of chn participating in an extracurricular club.</p> <p>List of range of clubs offered throughout the academic year.</p> <p>Different children to be participating and representing the school</p>	<p>September 2020 – July 2021</p> <p>Termly competition (spring/summer '21)</p> <p>September 2020 – July 2021</p> <p>September 2020 – July 2021</p>	<p>£50</p> <p>SEND</p>	<p>£14,487</p>	<p>As previously stated, the lack of competitions being able to enter was compromised by COVID-19. The school did compete in virtual events amongst each other, however were unable to compete against other schools the whole academic year.</p> <p>In house competitions also struggled to be carried out due to COVID-19 bubbles, Chn were not allowed to mix with other chn in other classes right up until the Summer Term. We did use our sports week held in June as a tool for competitiveness across our family groups as well as classes. This really engaged children and had an overall positive impact on whole school participation.</p> <p>Certifiactaes and</p>

			<p>(list to be generated)</p> <p>Inclusive practice – PP, SED, G&T.</p> <p>Sports week will engage the children with a week of participation, and experiencing new sports. Bring back passion post COVID-19.</p>	Summer term '21	workshop £220		<p>trophies were distributed following our Sports Week, including our Family cup. The chn in the winning Family group, were rewarded with a non-school uniform day, which many were delighted with as a reward.</p> <p>SEND workshop was cancelled due to COVID-19 and has been rescheduled by the FHSSP for the next academic year. We will use this workshop to engage some of our highest needs chn with sport and activity.</p>
6. To ensure that children can swim 25 metres by the end of Year 6.	<ul style="list-style-type: none"> • Chn go swimming during Years 3 / 4 for 6 weeks at Mildenhall. • Monitor swimming of all chn going swimming to identify who can hit the target by end of year 4. • Pick up any non-swimmers in Year 5 / 6 for booster swimming lessons. 	<p>Chn / CT</p> <p>MB</p> <p>MB/MT</p>	<p>Class registers will be produced and identified on who can or can't swim by the end of Year 4.</p> <p>Year 5 & 6 chn will be identified and offered additional swimming lessons to help learn to swim, to close gap and decrease percentages.</p> <p>Questionnaire will encourage parents to take chn swimming, and chn to identify themselves what</p>	<p>September 2020 – March 2021</p> <p>September 2020</p>	£0		<p>All swimming was missed and cancelled this academic year due to COVID-19. We were unable to find a slot once swimming was made legal by the country. We are looking to change our swimming plans for the following academic year to accommodate those that missed out, and ensure we provide catch up swimming for those that</p>

	<ul style="list-style-type: none"> Produce questionnaires to chn/parents about swimming outside of school to encourage swimming. 	MB/SE	they can or can't do, also encourage to ask to go swimming.	April 2021			require it. Face to face questionnaire was completed for the Year 5/6 chn regarding swimming ability. Many chn hadn't ben swimming for nearly two years due to COVID and lack of opportunity so some were unsure on current swimming ability / competence. See swimming data on separate document.
Current Sports Premium Spending				Total so far: £14,847			

* Other PE and Sport Premium money will be spent on swimming lessons, transport for swimming and competitions cover.